RSE Consultation: Overview

The following topics are taught through the Science, PSHE, RSE curriculum programmes.

- Body Parts (KS1 & 2)
- Emotions and Feelings (KS1 & 2)
- Friendships and Relationships (KS1 & 2)
- Families and Parenting (KS1 & 2)
- Growth, Development and the onset of Puberty (KS2)
- Periods (KS2)
- Pregnancy, Birth and Babies (KS1 & 2)
- Rights and Responsibilities (KS1 & 2) • Safety (KS1 & 2)
- Self-Esteem (KS1 & 2)
- Sexual Language (KS2) including correct vocabulary and an acknowledgement of slang words
- Stereotypes (KS1&2)

At Claypool we follow the Jigsaw PSHE scheme:

Jigsaw, the mindful approach to PSHE (Personal, Social, Health Education) is a teaching and learning programme which includes the statutory RSHE (Relationships Education, Sex Education and Health Education) and has a strong focus on emotional and mental health and wellbeing.

We occasionally use external partners who enhance delivery of this subject. They bring specialist knowledge and different ways of engaging with young people, to deliver certain topics within Relationship Education, for example NSPCC representatives, Fort Alice and the school nurse. The curriculum leader for Relationship Education and senior staff check in advance that the teaching delivered by visitors fits with the planned programme for teaching Relationship Education at our school and they adhere to the equality Act.

Parents and carers are made aware of what will be taught via the Year Ahead meetings. We encourage parents and carers with queries and concerns about the curriculum to approach school on an individual basis.

RSE: Children will learn about 'Growing Up' in age appropriate lessons.

All pupils will learn about consent and their right to say no, in an age appropriate manner

Year Group	What we will teach The Changing Me Puzzle is all about coping positively with change and includes:
Foundation class	**Growing up: how we have changed since we were babies.** Names of external body parts (eyes, ears, toes, legs, stomach, arms…) How bodies change as we get older (features and abilities). Safeguarding: Staff will use the correct terminology for 'private' body parts. This language will not be taught explicitly as a lesson, but will be used by staff when appropriate.
Year 1	**Boys' and girls' bodies; correct names for body parts.** Human life cycle Simple changes in humans (walking, talking, getting taller) Safeguarding: The correct words for private parts of the body ie. Those kept private by underwear and that nobody has a right to hurt those parts of the body.
Year 2	**Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is**) Life cycles in nature. Changes that occur between baby, toddler, child, teenager, adult and old-age (not including puberty). Safeguarding: Pupils will be re-taught the words for private parts of the body (those kept private by underwear – vulva, penis, testicles, anus). They are reminded that nobody has the right to hurt these parts of the body.
Year 3	**Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).** Life cycles in nature. Changes that occur between baby, toddler, child, teenager, adult and old-age (not including puberty). Physical differences between a male and female bodies Safeguarding: Pupils will be re-taught the words for private parts of the body (those kept private by underwear – vulva, penis, testicles, anus) They are also reminded that nobody has the right to hurt these parts of the body. Lesson on inappropriate touch and assertiveness.
Year 4	**How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.** What babies need to grow and develop, including parenting. Children learn that it is usually the female that carries the baby in nature. Puberty is introduced. Children first look at the outside body changes in males and females. They learn that puberty is a natural part of growing up. Children learn that females have eggs (ova) in their ovaries and these are released monthly and that it passes out of the body as a period.
Year 5	**Internal and external reproductive body parts. Recap about puberty and menstruation.** Male and Female body changes at puberty Menstruation Personal hygiene

Year 6	**Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms. Becoming a teenager.** Male and Female body changes at puberty Menstruation Personal hygiene Sex education

ALL YEAR GROUPS:

'Ask – it – basket'

Children can message staff confidentially about how they feel about puberty and growing up and there are opportunities for them to seek reassurance if anything is worrying them.

Difficult Questions:

Children will often ask their teachers or other adults questions pertaining to sensitive subjects which go beyond what is set out for our Relationship Education. Given the ease of access to the internet, those whose questions go unanswered may turn to inappropriate and unreliable sources of information which we would hope to avoid. Consequently, should this issue arise and a child in school asks a question of this nature we would primarily direct them to speak to their parents; if they persist with the same question after having spoken to their parents then the parent or carer would be consulted regarding this.